



## **TERMS**

Counselling sessions are confidential.

50 minute duration.

Face to Face Session payments at Gladesville Medical due after session.

Zoom Sessions payments due before session.

No referrals needed.

Please advise within 24 hours if you need to re-book.

## **FEE**

My aim is to give back to the community so this is reflected in my fee.

50 minutes - \$75.00 Individual, \$100 Couple, \$150 Family

At this stage I do not offer medicare or private health fund rebates.

The government is currently reviewing rebates for counsellors in the future.

In our first session we will also discuss why you have sort therapy, what you would like to achieve, the number of sessions you may require, fees, cancellations and my duty of care.

A signed agreement will detail these arrangements.

## **COUNSELLING FOR**

Grief & Loss: death, illness, loss of job,  
relationship, pets, treasured items or friendship

Stress, Anxiety, Depression

Anger Management

Relationship Issues

Marriage/Couples Counselling

Teens

Mentor/Life Coaching

Workplace Bullying/Issues

Self Esteem and Confidence Issues